Example Case

A 18 year-old football lineman injured his ring finger 2 weeks ago. There is palmar tenderness at the PIP joint and decreased PIP range of motion.

What is the most likely Leddy Packer classification of this FDP avulsion injury?

What is the most effective treatment for this problem at this time?
Questions for Discussion

• How is the Leddy Packer Classification helpful in establishing treatment plan?
• How would your management change if the patient presented with MPJ/palmar (not PIPJ) tenderness at 8 weeks post-injury?